

## Pre-Workshop Assessment

For each statement below, circle the number that reflects the level of your knowledge and skills regarding facilitation. There is not a secret document that has the “right” answers. The “right” answers are what *you* believe your knowledge and skills are.

- 1. I can describe the three primary responsibilities of a trainer/facilitator.**

High      4      3      2      1      Low

- 2. I can explain adult learning principles and their applications.**

High      4      3      2      1      Low

- 3. I can identify and describe the four major adult learning styles.**

High      4      3      2      1      Low

- 4. I know how to ask thought-provoking questions to promote lively and rich discussion.**

High      4      3      2      1      Low

- 5. I am able to make effective transition statements from one learning activity to another so participants see the connections between activities.**

High      4      3      2      1      Low

- 6. I feel confident and competent in my ability to manage disruptive behaviors that otherwise would lead discussions and other activities off track.**

High      4      3      2      1      Low

- 7. I am professionally poised when facilitating training sessions.**

High      4      3      2      1      Low

- 8. I am confident and competent in my ability to lead effective training sessions.**

High      4      3      2      1      Low